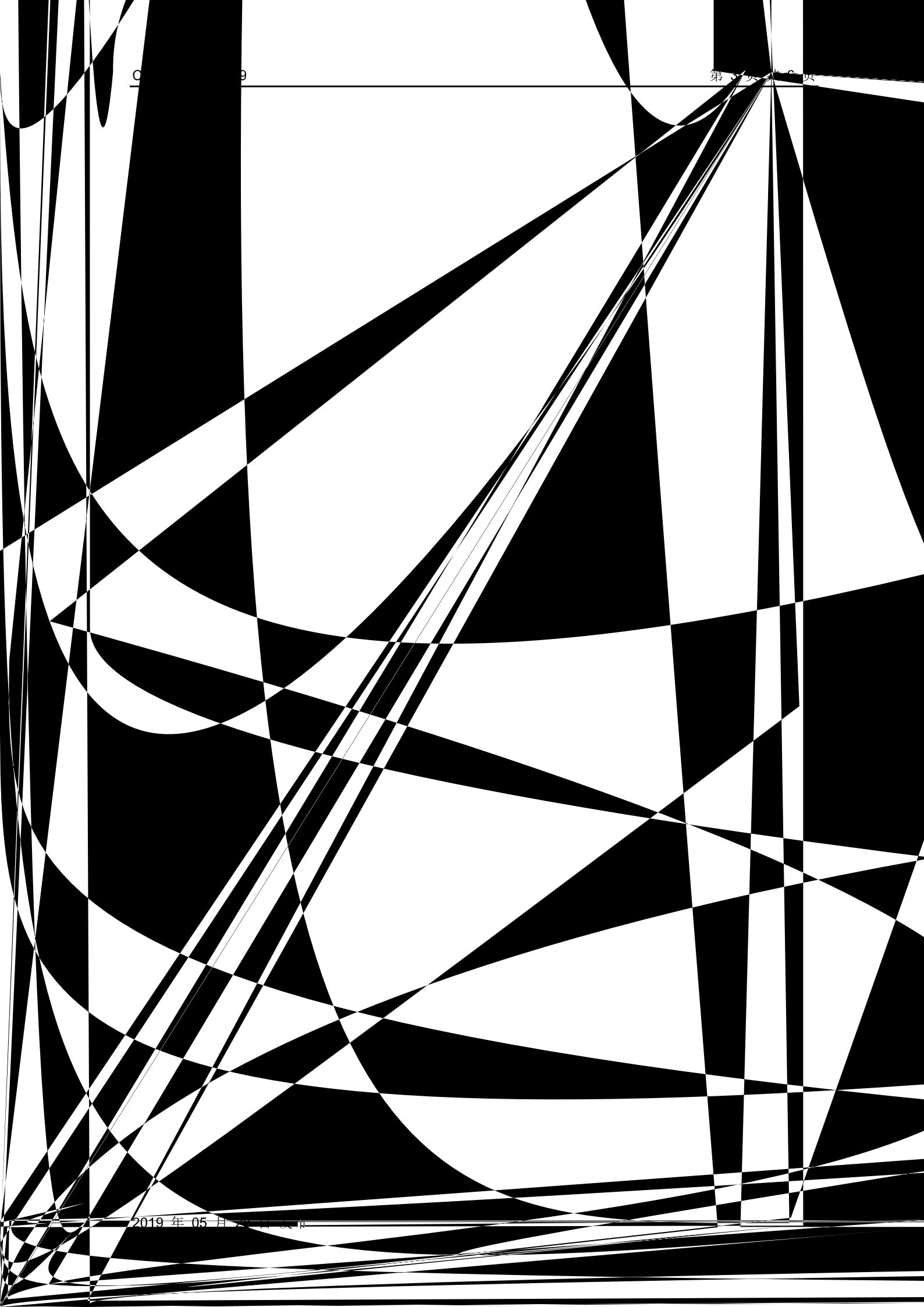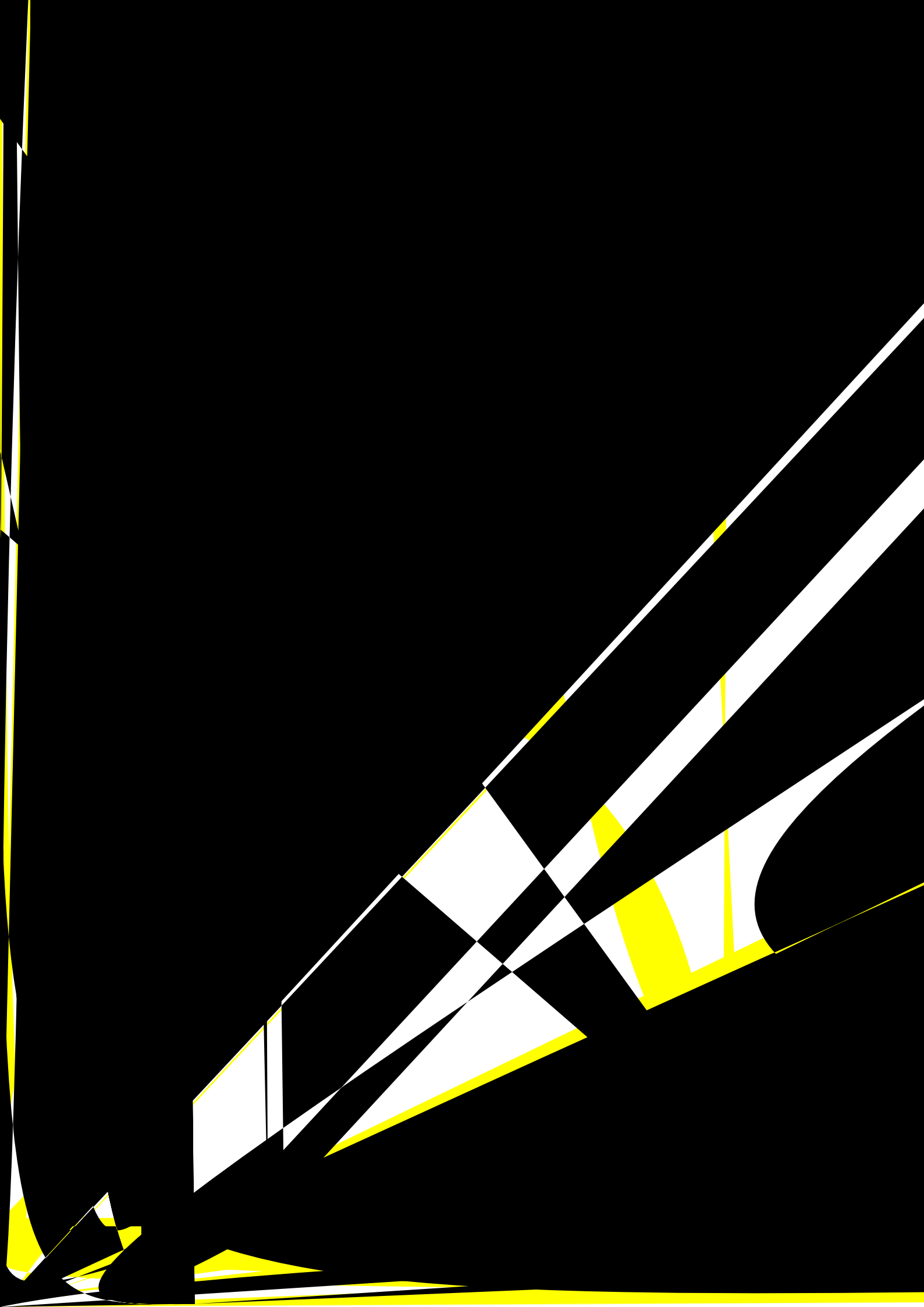2019 年